CURRICULUM VITAE

SHEILA G. SEYSTER

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PERSONAL PROFILE

A highly focused and knowledgeable multi-skilled practitioner certified Bio-Identical hormone expert. Sheila has been practicing medicine for the past 18 years specializing in women's healthcare and more recently men's sexual health and wellness. She provides highly individualized, comprehensive and compassionate care. She is passionate about educating and empowering both men and women taking the time needed to address the root cause versus prescribing medications to treat their symptoms. She understands the difference between normal and optimal lab values. Once size does not fit all. She will create an optimal treatment plan just for you.

EDUCATION

- 2017 Mastering Protocols for Optimization of Hormone Replacement Therapy: Part IV; Advanced Cases
- 2017 Mastering Protocols for Optimization of Hormone Replacement Therapy: Part III; Complex Cases
- 2017 A4M Pellet Therapy Workshop
- 2016 Mastering Protocols for Optimization of Hormone Replacement Therapy: Part I and Part II
- 2015 Comprehensive Review Course in Obstetric and Gynecology
- 2008 Botox Dermal Filler Training
- 2007 OR First Assist Course
- 2005-2007 University of Rhode Island, MSN
- 2000-2005 University of Rhode Island, BSN
- 1995-2000 Community College of Rhode Island, ASN

LICENSES

Certified Nurse Midwife – State of Rhode Island and Massachusetts

CERTIFICATIONS

- Advanced Bio-Identical Hormone Therapy Certified: Men and Women
- Thermiva Certified
- O-Shot Trained
- Priapus-Shot Trained
- PRP Injections to Scalp
- GAINSWave Certified
- Allergan Epic Injector Training: Botox and Dermal Fillers
- Lipotrophic Injections
- OR Cesarean Section 1st Assist
- Advanced Cardiovascular Life Support Program (ACLS Provider)
- CPR Healthcare Provider
- Advanced Fetal Monitoring Course
- ASCP Comprehensive Colposcopy Course May 2009
- Advanced Life Support in Obstetrics (ALSO)
- Limited Sonography in OB/GYN Triage

WORK EXPERIENCE

September 2008 – Present Highland OBGYN/Advanced Body Sculpting of New England, Fall River, Ma

- Bio-Identical Hormone Optimization Expert
- Women's Health Expert including birth control counseling, annual exams, saline infused sonography/endometrial biopsy and expert menopausal management
- CNM Midwife
- Privileges at Charlton Memorial Hospital (Southcoast Hospital Group)

July 2007 - August 2008 Obstetrical Associates, Fall River, Ma

- APRN
- CNM Midwife

July 2000 – June 2007 Southcoast Hospital Group – Charlton Memorial Hospital, Fall River, Ma

Registered Nurse

- Medical Surgical
- Labor and Delivery
- Post-Partum
- Level I Nursery

PROFESSIONAL ORGANIZATIONS

- Sigma Theta Tau
- ACNM American College Nurse-Midwives
- AMCB American Midwifery Certification Board

INTERESTS

 I enjoy a healthy, active lifestyle that incorporates quality time spent with my family and with special interests that include time spent near the ocean and gardening.